

## Sandwiches

Breads: white, wheat, rye, bulky, brioche, ciabatta, wrap and gluten free wrap

Cheeses: american, swiss, cheddar, sharp white cheddar, pepper jack, provolone, fontina, smoked gouda, smoked cheddar, blue marble jack

Sauces: mayo, sriracha mayo, whole grain mustard, yellow mustard, dijon mustard, honey mustard, horseradish sauce, ketchup, relish, buffalo sauce, BBQ sauce, oil & vinegar

Toppings: lettuce, tomato, onions, caramelized onions, pickles, banana peppers, sauerkraut  
bacon and avocado add \$1.00 each

### VEGGIE BURGER 8.99

house made veggie burger spicy aioli, tomato, spring mix on a brioche

### FRIED CHICKEN SANDWICH 8.99

regular, buffalo or BBQ on a bulkie roll

### HOT PASTRAMI 10.99

house made pastrami, melted swiss, whole grain mustard on marble rye or a bulkie

### SMOKED PORK LOIN 9.99

house smoked shaved pork loin, house BBQ sauce, melted cheddar on a bulkie roll

### REUBEN 10.99

house brined corned beef, swiss, sauerkraut, thousand island on marble rye

### PULLED PORK 8.99

house smoked pulled pork topped with coleslaw on a grilled ciabatta

### CHEESEBURGER 4oz 5.00 | DOUBLE 8.99

4oz or double, house ground local beef

### BLT 7.99

applewood smoked bacon, lettuce, tomato, mayo on your choice of white or wheat bread

### VEAL PARMESAN 11.99

veal cutlet breaded, topped with provolone, marinara on a sub roll

### TURKEY AVOCADO BLT 9.99

house cooked turkey, avocado, bacon, lettuce, tomato, mayo

### SMOKED BRISKET 10.99

house smoked brisket, bbq sauce, cheddar, caramelized onions on thick slice bread

### CHICKEN CORDON BLEU 9.99

breaded chicken cutlet, ham, swiss, honey mustard on a sub roll

### SMOKED CHEESEBURGER 4oz 5.00 | 8oz 8.99

house ground local black angus beef that has been smoked

### ITALIAN 8.99

house ham, mortadella, prosciutto and provolone on a sub roll

### STEAK & CHEESE 10.99

shaved bland of prime angus sirloin and rib eye, melted american cheese on a sub roll

### CHICKEN PESTO 8.99

chicken breast, pesto, fontina cheese, lettuce, tomato

### PULLED CHICKEN 8.99

house smoked pulled chicken, cheddar cheese and BBQ sauce on a sub roll

### SMOKED PRIME RIB 11.99

house smoked shaved angus prime rib, provolone with choice of BBQ or horseradish sauce on a sub roll

### CHICKEN PARMESAN 9.99

breaded chicken cutlet topped with provolone, marinara on a sub roll

### CHICKEN SALAD 8.99

house made chicken salad, lettuce, tomato

### TURKEY SALAD 8.99

house made turkey salad with green apples and walnuts, lettuce, tomato

### TURKEY 8.99

smoked or oven roasted all made in house

### ROAST BEEF 9.99

black angus beef, choice roasted or smoked made in house

### HAM 9.99

house ham or ham off the bone made in house

**Our selection of house made meats and quality cheeses are available by the pound in our deli.**

## Salads

add to any salad

chicken salad \$2.00, grilled chicken \$3.00, fried chicken \$3.00, steak tips \$5.00

### SPRING MIX SALAD 6.99

spring mix, tomatoes, cucumber, onions, shredded carrots

### GREEK SALAD 8.99

chopped romaine, cucumber, tomatoes, shredded carrot, kalamata olives, feta, creamy greek dressing

### CRAZY BLUE SALAD 9.99

spring mix, great hill blue cheese, dried cranberries, candied walnuts, tomato, cucumber, onion, shredded carrots

CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD OR EGGS  
MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.  
ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. BEFORE PLACING YOUR ORDER,  
PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

**Purveyors of fine quality meats,  
prepared meals,  
hot and cold deli offerings,  
local produce and pantry staples.  
Ask a butcher, consult a chef.**

#### **PREPARED MEALS...**

Check out our weekly choices of meals ready to heat and eat. Select from house-made side dishes to complete your meal, from soups, pasta and potato salads to roasted vegetables

#### **IN THE BUTCHER SHOP...**

We specialize in an array cuts from locally raised cows, pigs, and chickens.

We also provide a selection of prime grade certified Angus beef, premium pork, high quality poultry, lamb, and veal. Let us know what you need and we'll have it ready for you.

#### **IN THE COOLER...**

You'll find beef and chicken in house-made marinades and rubs, custom ground bacon burgers and pastrami burgers.

We smoke a large selection of meats, from pulled pork to chicken, ribs, brisket and more.

#### **LUNCH...**

Our deli serves a full menu of sandwiches featuring our own deli meats, baked, roasted and smoked in-house from quality meats using low salt and no chemicals.

#### **THE MARKET...**

Carries an array of staples from milk, cheese, and eggs, to pantry items including rice, condiments, spices, sauces, breads, coffee and tea. In season, we stock fruits and vegetables from local farms.

#### **PARTY HELP...**

Whether it is a dinner for a couple of friends or barbecue for a big crowd, we can help plan the menu and prepare the food in advance so you have less stress and more time to socialize.

**When you want a cut above, come see us!**



**143 Fairhaven Rd  
Mattapoisett, MA 02739  
508-758-8356  
website: 143market.com**

**Summer Hours**  
Tuesday - Friday 10 am til 7 pm  
Saturday 9 am til 6 pm  
Sunday 9 am til 4 pm

**Winter Hours:**  
Tuesday - Friday 10 am til 6 pm  
Saturday 9 am til 5 pm  
Sunday 9 am til 4 pm

**Closed Mondays**